



Study Progress

- There have been 378 diabetes outcomes as of 8/16/2017
- We have surpassed 70% of diabetes outcomes
- An interim analysis is planned for the next DSMB meeting in September

What is the biggest challenge D2d faces over the next 12 months? *See next page for answer*

Non-diabetes outcomes

A task force led by Dr. Erin LeBlanc (site PI at Kaiser Permanente in Oregon) was formed to explore how adding certain non-diabetes outcomes might add significant value with minimal burden to D2d. The task force proposed a study supplement to look at cancer and CVD outcomes, and a pilot was implemented at 4 sites: Duke, Nebraska, Tufts, and Kaiser. Existing D2d study procedures and processes are being harnessed to obtain the data needed to adjudicate cancer and CVD outcomes. Feedback from the pilot sites led to modifications and simplification of the processes. The **Non-diabetes outcomes supplement is now being rolled out at all sites and should be submitted to your IRB as soon as possible.**

Additional information regarding the supplement and procedures can be found in MOP 21, now on the portal.

Meet the D2d study team | D2d individuals, sites, components that make a difference



Marina Perez, Sara Serafin-Dokhan, Valeria Ruelas, Anne Peters, Martha Walker

D2d Site | Los Angeles Roybal Comprehensive Health Center

We work at a unique research site that is located in a comprehensive health center in East Los Angeles, an underserved part of Los Angeles. We have patients with issues related to poverty and lack of access of healthcare, but we value our role as being part of the solution for some of the problems facing our community. Some of the work we have done in the past is to bring in farmer's markets to both East and South Los Angeles and to do grocery tours and fast food utilization surveys to help improve the

food environment in our region. We also put on a summer camp for children who are interested in learning about health and nutrition. The approach we have followed is a community-based one—we try to find out from the community what they want from us, instead of imposing our agenda on the community. Diabetes prevention is very important to the people living in East Los Angeles because diabetes is one of the most serious and common health issues our population faces. In screening patients for D2d, we were able to reach out to many people who did not have access to healthcare or diabetes testing and were able to provide information and a little bit of education even to those who weren't eligible to be randomized.

All of our staff is fluent in Spanish and has a deep understanding of the culture and needs of the study participants. We are very proud that we can bring NIH funding and knowledge to do research in our part of the world, which often lacks access to these resources.

Questions? Please contact D2d Coordinating Center at D2d@tuftsmedicalcenter.org or 617-636-D2d2 (3232)



Vitamin **D** and
type **2** diabetes

diabetes prevention research matters

News and Information for Collaborating Clinical Sites

D2d Annual Meeting: October 22-23, 2017

This year's meeting will be held at the Dupont Circle Hotel in the heart of Washington, DC. Site principal investigators and primary research coordinators should make every effort to attend. An additional co-investigator or coordinator that makes *a significant* contribution to D2d may attend. Please contact the Coordinating Center with questions.

Our Sunday night dinner / D2d summit will be held at a *Top Secret* location. **To mix it up a little, we encourage you to dress in a way that represents you, your site, city, university, or state!**

All attendees need to register through the following link by Friday, September 29th, 2017: <https://tinyurl.com/d2dmtg2017>

Fresh Ideas for Participant Appreciation Events

Pennington's most recent Participant Event was led by Cathy Carmichael, RD and included an activity where participants made their own spring rolls using fresh herbs, spices, and vegetables. Looks delicious!



What is the biggest challenge D2d faces over the next 12 months?

~~Recruitment~~

~~data entry quality~~

~~Anterior Analysis~~

~~lab shifts~~

~~staff turn-over~~

~~Specimens lost to Fed Ex~~

Answer: Participant retention

What does each site need to be doing to ensure participant retention?

During weekly site team meetings

- Review the list of participants that missed a visit or you have been unable to contact.
 - ✓ What challenges does the participant face in coming to visits **and** what can you do to make it easier?
 - ✓ Who does the participant have a relationship with at the site?
 - ✓ Has the site investigator called the participant? (If not, it is time to try that)
 - ✓ Has the site investigator sent a follow-up note to the participant on D2d stationary*? (If not, it is time)
 - ✓ If the participant is seeing a PCP in your institution, can the PCP remind the participant to call you?
- Brainstorm what can be done to make it easier for participants.
- Continue working as team!

During every encounter with a participant

- Address all the participant questions. Work as a team to ensure all the participant's questions are answered by the most appropriate team member.
- Do everything you can to make the participant feel special. Ensure that each person the participant encounters during the visit does the same.
- Ask the participant if they have any challenges to coming to visits or connecting with you between visits. Address each challenge and think about what you can do to resolve it (think outside the box). Recognizing it, not minimizing it, and attempting to solve it demonstrates your commitment to the participant.
- Keep participants informed of the end of study timeline (**note**: more info available after DSMB meets, 9/25).
- Remind participants that the goal of the study is diabetes prevention and that their participation is making a significant contribution to our knowledge.