



Holiday Shipping Schedule Reminder

During the last two weeks in December, please note the following:

- Specimens should **only** be shipped on Monday 12/22 and Monday 12/29
- No visits that require shipping to the Central Laboratory should take place on Tuesday 12/23 or Tuesday 12/30

Study Progress [11/30/14]

Screenings	2347
Baselines	1207
Randomizations	690

November 51

NDEP Ancillary Study Update

Enrollment into the National Diabetes Education Program (NDEP) Ancillary Study is now complete! Please continue to have all participants who completed a pre-test, **complete a post-test** at the M03 visit, and email or fax them in. NDEP will analyze the data and use it to improve the Small Steps, Big Rewards packet.

Thank you to the Research Coordinators at the 16 sites that implemented this ancillary study.

Reminder: Continue to provide the Small Steps, Big Rewards packet to all participants at the baseline visit.



Coordinating Center Staffing Change

It is with both a happy and sad heart that we announce that Erica Caravana, the CC research assistant, has left the Coordinating Center. She set her sights on Physician's Assistant school and spent last summer applying and interviewing at programs across the region. Erica will be starting at the Tufts University School of Medicine program in January. Congratulations to Erica!

Cindy Haviet has taken over Erica's position at the CC. Meet Cindy in the feature below!

Meet the D2d study team | D2d individuals, sites, components that make a difference

Cindy Haviet, BA | D2d Research Assistant | Coordinating Center, Tufts Medical Center

Cindy Haviet received her B.A. in Biology with a minor in Public Health from Regis College in 2013 and has two courses remaining to complete her M.S. in Regulatory and Clinical Research Management.

During her undergraduate study, Cindy was the co-founder and President of the Regis College Science Association, a member of the National Biological Honor Society, and played Field Hockey for two years. In her graduate studies, she has taken courses that are complementary to the work she will be doing as part of the D2d research team. Samples of the courses include clinical research methodology, pharmaceutical regulations, biostatistics, and quality systems and risk management.

This May, for the 11th consecutive year, Cindy will participate in the Annual Project Bread Walk for Hunger – a 20 mile walk that aims to alleviate hunger in Massachusetts.



Questions? Please contact D2d Coordinating Center at d2d@tuftsmedicalcenter.org or 617-636-D2d2 (3232)

Central Laboratory Specimen Analysis Schedule:

HbA1c Schedule

Received	Tuesday	Thursday
Reported*	Tuesday	Thursday

Glucose and UCACR Schedule

Received	Tuesday	Wednesday	Thursday
Reported*	Wednesday	Thursday	Friday

*note: schedule may vary due to shipping, delays, holidays, or other reasons

Annual Meeting Recap

The D2d Annual Meeting was attended by 69 individuals representing all 21 clinical sites, the Coordinating Center, NIDDK, and the Central Laboratory. The contributions of all in attendance made the meeting a success! Recruitment Rounds was a new idea where each site prepared a poster on its recruitment methods and all attendees were encouraged to walk around, look at the methods, ask questions, and provide constructive criticism. A few of you told us that you felt rejuvenated and re-energized after the meeting, and that was indeed one of our aims.

The DSMB commented on the remarkable progress since the last meeting six months ago. However, the board cautioned that we must not let up. They expect to see further improvement between now and the next meeting in May.

If you have comments or suggestions to help us plan for the next meeting, the survey link that was sent around is still active. Alternatively, you could relay any comments during your site call or via email.

Reminder: if you have not yet submitted your meeting reimbursement request, please do so by December 16th.

Below is a word map to highlight the words, phrases, and ideas that were expressed at the meeting.

DSMB Meeting Recap

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