



Vitamin **D** and
type **2** diabetes

*Diabetes Prevention
Research Matters*

**1 in 3 Americans are
at risk for diabetes.
Are you
one of them?**



**You may be at risk for diabetes
and may qualify for a national diabetes prevention
study if any of the following are true. You:**

- Are at least 45 years old
- Are overweight (body mass index over 24)
- Have a parent or sibling with diabetes
- Have high blood pressure or high cholesterol
- Had diabetes during pregnancy

Not sure? Take the Diabetes Risk Test on-line at D2dStudy.org or on the opposite page.

**People who participate in the 4-year D2d
research study, will:**

- Take one study pill every day
- Be monitored for diabetes twice a year
- Receive education on how to reduce their risk of diabetes
- Take pride in contributing to research to prevent diabetes

To learn more and to
see if you are eligible to
join D2d in the **Boston
area**, contact us today:

✉ tufts@d2dstudy.org

☎ 617-636-2842

D2dStudy.org

Tufts Medical
Center



D2d is sponsored by:

