



Vitamin **D** and
type **2** diabetes

diabetes prevention research matters

News and Information for Collaborating Clinical Sites

Study Progress [9/30/14]

Screenings 1992
Baselines 1004
Randomizations **566**

September 61

Google Analytics

September 2014

Total Views: 1,344



PLAN AHEAD ALERT: Central Lab schedule during December holidays

The Central Lab routinely closes for the Christmas and New Year holiday weeks. However, to prevent a slow-down in enrollment the Lab will remain open to receive and run samples on two days. During these two weeks, **all sites must ship refrigerated and frozen samples on Monday 12/22 and Monday 12/29**

DECEMBER 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Do Not Ship

Do Not Ship

ONLY. BAS, M06 and M12 should **not be done** on Tuesday 12/23 or 12/30 to ensure the refrigerated HbA1c sample is received at the lab within the window. We appreciate the Central Lab's flexibility and thank the lab personnel in advance for coming in on 12/23 and 12/30 to receive and run D2d samples.

Meet the D2d study team | D2d individuals, sites, components that make a difference

D2d Site | HealthPartners Riverside Clinic, Minneapolis, MN

HealthPartners is one of Minnesota's largest medical groups with more than 600 physicians practicing in a large variety of medical and surgical specialties. HealthPartners Riverside Research team is part of the HealthPartners Institute for Education and Research, a nonprofit organization dedicated to conducting high-quality, public-domain health research.

Principal Investigator Dr. Chhavi Chadha has a clinical practice at the HealthPartners Riverside Clinic and is board certified in Internal Medicine and Endocrinology, Diabetes & Metabolism. She supports and motivates her team by working closely with them and being very involved. Dr. Chadha calls and screens patients regularly, which contributes to the enormous success of HealthPartners. Dr. Karen Margolis, Co-Investigator, is the Director of Clinical Research for the HealthPartners Institute for Education and Research and an accomplished and well-known clinical researcher. Shelly Cook RN, Luanne Welch RN and Linda Loes are experienced research coordinators. They work closely with Sarah Stephenson, our star recruitment specialist to recruit, enroll, and follow our D2d participants. Our Senior Project Manager Maureen Busch oversees the operational aspects of the trial.



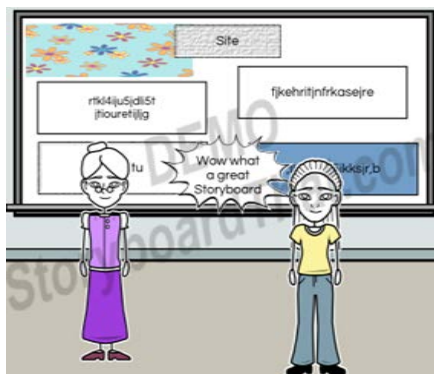
Pictured L to R, back row: Dr. Karen Margolis, Luanne Welch, Maureen Busch, Sarah Stephenson
Front row: Linda Loes, Dr. Chhavi Chadha, Shelly Cook

We take pride in having enrolled our 88th participant as of the end of September.

Questions? Please contact D2d Coordinating Center at d2d@tuftsmedicalcenter.org or 617-636-D2d2 (3232)



Annual Meeting Preparations



The Annual Meeting Planning Committee is working to make the meeting interactive as well as fun. To promote interaction between sites and share lessons learned, the Recruitment and Retention Sub-committee (RRS) will host Recruitment Rounds, a 1-hour interactive exchange of recruitment ideas and

successes. The RRS invites each site to prepare a presentation board to present their successful recruitment strategies.

A presentation board is a written or graphical representation used to present a process or ideas. The presentation boards do not need to be fancy or high tech. The goal is to create a dialogue of successful recruitment strategies and have attendees leave with a new strategy or an idea how to implement a strategy. Your presentation board should include the following:

- Who is your site?
 - research team
 - location and setting (e.g. academic medical center, community health center)
 - population served
- Successful recruitment strategies you have used for D2d
 - How you implemented them (provide examples)
 - Evidence of success and how it is measured
- Next Steps
 - What are your recruitment plans for the next 3 month?

You are also encouraged to include content related to lessons you have learned recruiting for a diabetes prevention study and any surprises or unexpected challenges you encountered.

The Coordinating Center will provide a 24" x 36" foam board for each site study team to use for their presentation board (it will hold approximately six 8" x 11" sheets of paper). Sites should arrive at the meeting with their materials ready to be posted.

The Recruitment and Retention subcommittee will have a presentation board illustrating the resources available on the Recruitment Resource Center.

D2d True Blue Recipients



We are excited to announce the recipients(s) of the second True Blue award. The team of **Sara Serafin-Dokhan** and **Martha Walker**, the D2d Research Coordinators at the Los Angeles Comprehensive Health (USC), go above and beyond the call of duty to find study participants and to make participation in the study as convenient as possible. Sara and Martha routinely give up their Saturdays to attend recruiting events or conduct study visits to accommodate working participants' schedules. They are always searching for innovative ways to recruit and build connections within their community. Congratulations, Sara and Martha!

I keep telling them to take a week day off to compensate for their Saturday work. Sara and Martha are reluctant to do so; they don't want to miss a call from someone who might qualify for the study.

-Valerie Ruelas, Research Manager



Sara Dokhan (left) and Martha Walker (right)

Meeting Registration – Have you registered?

If you have not yet registered for the D2d Annual Meeting (November 16-17, 2014), please do so (click [here](#)). A travel agent will reach out to you to arrange your flights to and from the meeting.