



Study Progress [8/31/14]

Screenings	1797
Baselines	899
Randomizations	505

August 61

Reminders: Study Pills

- Return of study pill bottles at follow-up visits is not entered into SPIRS. Bottles should be discarded according to your institution's policy.
- Count study pills *while participant is at the visit*. Enter pill count in EDC to calculate adherence. Use the calculated value to counsel the participant, if adherence is < 80% or > 110%.

Retention Update

The following is a summary of study-wide D2d retention as of August 31, 2014:

Month 3: Out of an expected 245 visits, 239 have taken place (98%)

Month 6: Out of an expected 79 visits, 74 have taken place (94%)

Month 9: Out of an expected 4 contacts, 100% taken place

The goal for retention is 100%. After recruiting participants, maintaining near perfect retention is critically important for conducting a successful study. Participant retention starts with recruiting the most reliable people and is enhanced by providing a positive study visit experience and establishing a personal connection at every encounter and via newsletter, events, etc. Small gestures such as birthday and holiday cards, and short notes after a visit, thanking participants for their continued participation, are also important.

Meet the D2d study team | D2d individuals, sites, components that make a difference

D2d Site | Northwestern University, Chicago, Illinois



Northwestern University (NU) is a private research institution with lakeshore locations in both Chicago and Evanston, Illinois. The NU Chicago campus is comprised of over 25 acres spread along the Magnificent Mile and the shores of Lake Michigan, which provides us with stunning views of the lake during the summer and a front-row seat to the blisteringly cold snow and winds of the winter! Northwestern has a long history of leadership in interdisciplinary and cutting-edge research as evidenced by more than two dozen University Research Centers, more than 90 School-Based Centers and an additional three research centers at Medical Affiliates that facilitate innovative research across a wide spectrum of areas.

Principal Investigator Dr. Lisa Neff is an Assistant Professor in the Division of Endocrinology, Metabolism and Molecular Medicine at NU. She also sees patients in the Center for Lifestyle Medicine at Northwestern, with a focus on the treatment of obesity and related metabolic disease. Jenny Lewandowski, D2d research coordinator, is also a registered dietitian and works closely with Dalya Abou-El-Seoud, our D2d research assistant, to recruit, enroll and take care of our D2d participants. Previously, Meg Sullivan was the site research coordinator, who has since had to scale back her involvement. Meg contributed her skills in a way sites use every visit – through the participant scheduling tool. As a team, we are honored to be part of the D2d study and look forward to contributing to its success!

Questions? Please contact D2d Coordinating Center at d2d@tuftsmedicalcenter.org or 617-636-D2d2 (3232)



Vitamin **D** and
type **2** diabetes

diabetes prevention research matters

News and Information for Collaborating Clinical Sites

Will you join our team?



American Diabetes Association.

D2d is encouraging all sites to participate in the ADA's Step Out, Walk to Stop Diabetes this fall. The Step Out walks are taking place in almost all cities where there is a D2d site. We encourage sites to participate by walking and raising funds to stop diabetes while promoting the D2d study. Teams can be made up of D2d staff, other interested co-workers, family, and friends, as well as any participants who wish to join. Participating walkers will receive cool D2d team T-shirts to wear during the walk. To find out where the walk is in your area, please visit <http://stepout.diabetes.org/>.

If you form a team, please take photos throughout the event and send them our way to feature on our website, Facebook, and newsletter.

Central Laboratory and Thanksgiving holiday

Scheduling – due to the analysis window for HbA1c, no visits with an HbA1c draw can be scheduled on Tuesday, November 25th (only M03 visits can take place).

Shipping – samples will only be shipped Monday, November 24th. The shipping schedule will be revised for the weeks of November 24th and December 1st.

True Blue

The Coordinating Center is accepting nominations for the D2d True Blue award. Nominations can come from any D2d team member, nominating any D2d team member.

Email nominations, including why the person deserves the recognition, to D2d@tuftsmedicalcenter.org. Each will be reviewed by the Executive Committee and the D2d True Blue will be given out to any worthy recipient.

Randomizations By Site

