



Study Progress [6/30/14]

SCRN 1392
BASE 679
RAND 355

June 67

WAY TO GO MEDSTAR

The MedStar site recently enrolled their 37th participant. With an enrollment goal of 150 participants, MedStar is the first site to randomize 25% of their overall target. Congratulations to the MedStar site for reaching this milestone!

Support and Education Program

The D2d Support and Education Subcommittee has developed a program that consists of two parts:

Handouts: A series of educational handouts on diabetes prevention provided to all participants at regularly scheduled study visits in a pre-set order. The purpose of these handouts is to ensure that all participants receive the same standard of care information regardless of when they are enrolled in D2d or whether or not they are able to attend the participant events.

Participant Events (in-person group sessions): Events will take place two times per year. During each event, a topic related to healthy living (e.g. diet/nutrition or physical activity) will be presented by a “local expert” chosen by each site. Resource materials will be made available and sites are allowed flexibility with event logistics and with the inclusion of social activities. One of the primary goals of these events is to engage participants more fully in the D2d Study and to promote retention.

Please refer to the newly revised MOP 12: Support and Education Program for complete details.

Meet the D2d study team | D2d individuals, sites, components that make a difference

D2d Individual | Myrlene Staten, MD, NIDDK Project Scientist

Myrlene Staten, MD is the Project Scientist representing the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) of the National Institutes of Health. Her role is to participate actively in D2d study conduct as an investigator and with an official vote on Steering Committee matters. Dr. Staten has been doing clinical research her entire career which started at Washington University in St. Louis where she completed her endocrine fellowship and later joined the faculty. Subsequently she conducted large multicenter, international clinical trials to support the development of potential new therapeutics for large pharmaceutical companies. Some of the products she studied included orlistat at Hoffman La Roche, leptin at Amgen, and metformin at Bristol Myers Squibb. She joined NIH in August of 2003 from Pharmacia where she was Vice President of Cardiovascular and Metabolic Diseases Clinical Research. Major disease areas for which she was responsible include type 2 diabetes, obesity, dyslipidemia, hypertension, heart failure, growth disorders, and acromegaly.

Myrlene lives in the Virginia countryside with her husband, dog Max, and cat Beenser. When she is not deep into conducting clinical studies, she is on the hunt to see new birds no matter where in the world the search takes her.



Questions? Please contact D2d Coordinating Center at d2d@tuftsmedicalcenter.org or 617-636-D2d2 (3232)



Vitamin **D** and
type **2** diabetes

diabetes prevention research matters

News and Information for Collaborating Clinical Sites

D2d True Blue



Does someone at your site embody what it means to be truly dedicated to D2d? Is this person creative, innovative, and passionate about D2d? Do they bleed D2d blue?

D2d True Blue is intended to recognize individuals or teams who have gone above and beyond in their contribution to D2d. Nominations should be submitted to D2d@tuftsmedicalcenter.org describing what objective and measurable qualities make this person or team an excellent candidate to receive the True Blue award. The Executive Committee will evaluate all nominations and

select one person or team to be recognized. The recipient will be announced in the newsletter and posted on the D2d website.

Study pill care

Now that we are into summer, remind participants about proper study pill care. Pills should be kept in a cool, dry place out of direct sunlight.

One dedicated participant brought his study pills to work, but forgot them in the car. Under the hot southern sun, all the pills melted together!

Randomizations By Site (6/30/14)

