



Study Progress [3/31/14]

Screenings	715
Baselines	337
Randomizations	156

Reminders

- SPIRS: perform the “dispense” function once the study pill bottle has been given to the participant.
- SPIRS: When randomizing, enter the participant’s **baseline BMI**.
- Central Lab: discard all air bills without account number.

D2d March Madness 2014

51 participants were randomized in March, surpassing our prior best month (February) by 9 participants. Although this improvement demonstrates progress, the total for March is *only half of our goal* of 100 randomized participants per month.

Congratulations to the “Final Four” sites

Exceeded monthly goal:

- Nebraska – 133%
- Tufts – 128%
- Beth Israel – 120%
- Stanford – 112%

Most improved from prior month:

- Beth Israel – 500%
- Tufts – 300%
- Nebraska – 233%

Successful sites have been learning from their own experience and from others’ because of their active participation in the Recruitment and Retention Subcommittee. The Subcommittee meets on the second and fourth Tuesday of the month at 2 PM (ET) and a representative from each site is expected to attend. *The principal investigator should attend* if the site is underperforming.

Meet the D2d study team | D2d individuals, sites, components that make a difference

D2d Site | MedStar Health Research Institute

MedStar Community Clinical Research Center (MCCRC) is an ambulatory research center located in Hyattsville, Maryland just outside of Washington DC. As a member of the MedStar Health system, MCCRC works with primary care doctors at clinics and hospitals throughout the region to identify patients with pre-diabetes and share information with them about D2d. MedStar Health Research Institute (MHRI) is proud to serve a diverse community in the DC metro area and has a proud history of promoting minority representation in large NIH-funded clinical trials such as the Women’s Health Initiative and the Diabetes Prevention Program. MCCRC is very excited to be part of D2d.



Principal Investigator Dr. Vanita Aroda is the Scientific Center Director at MCCRC. She is a board-certified endocrinologist with over 11 years of research experience in the field. Ernest Evans and Gray Crum are the D2d research coordinators at MCCRC. Both Gray and Ernest are experienced clinical research coordinators who work together to recruit, enroll and follow D2d participants and contribute to making D2d a successful study.

Questions? Please contact D2d Coordinating Center at d2d@tuftsmedicalcenter.org or 617-636-D2d2 (3232)

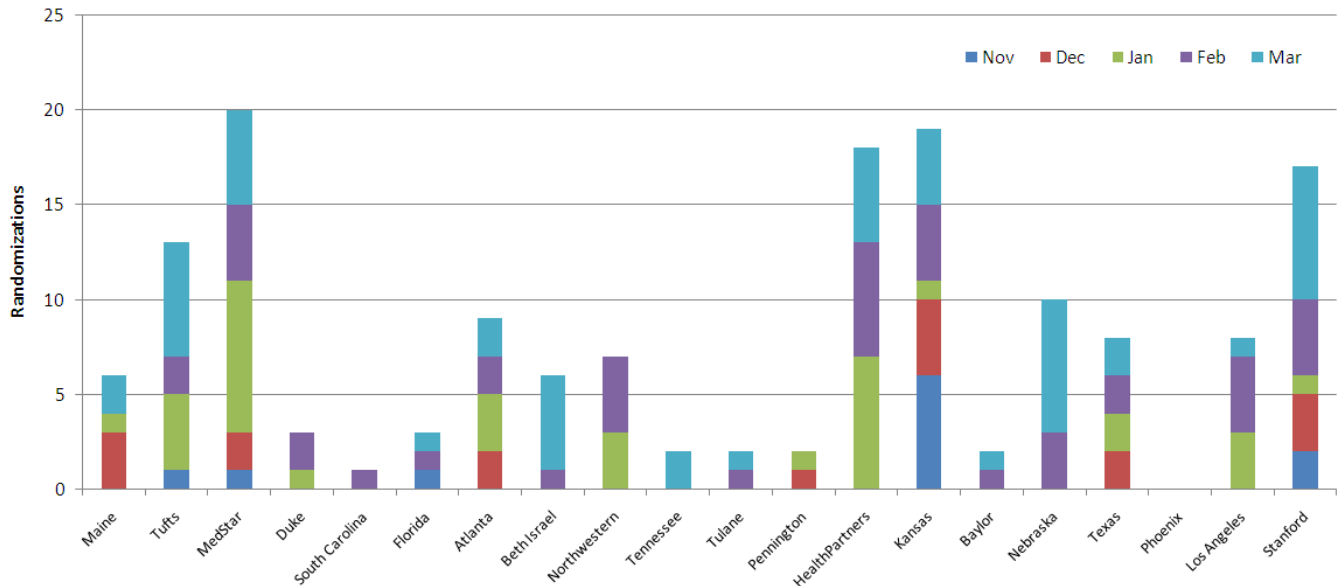


Retention

Now that 156 participants have been randomized, it is important to focus on retention. The CC has provided sites with the following tools to promote retention: weekly ***pill boxes*** to give participants at their month 6 visit, ***D2d birthday*** (don't forget to send to participants) and ***holiday cards***. The CC is sending: ***D2d folders*** and site-specific ***appointment business cards***. The folder is given to participants at randomization with the participant schedule (see MOP 4 appendix 1), site business card, and other pertinent documents. A ***newsletter for participants*** will also be ready in May. Other tools to consider are post-visit "thank you notes" or visit follow-up calls. The Support and Education Subcommittee is outlining plans to start the Support and Education Program group sessions.

Important reminder to investigators: Please review the Intention-to-treat (ITT) principle with your staff. Per ITT, a D2d participant always returns for scheduled visits *even if s/he stops taking pills*; simply put **data from all participants are valuable!**

Randomizations By Site



Cumulative Percent of Enrollment Goal Achieved Through March

