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# Support and Education Program

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# Support and Education Program (SEP)

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## Objectives of the SEP:

1. To provide information to participants on the current recommendation for the prevention of type 2 diabetes.
2. Enhance participant retention

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## Baseline

- Written information
- Send letter to participants' physicians



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- Intra-study Support and Educational Program
  - Twice yearly group meetings covering a variety of lifestyle-based topics.
    - Support and Education Subcommittee will generate topics and develop content for presentation at the sites.
  - Participant newsletter may include lifestyle topics